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DRIVER & WORKPLACE HEALTH & SAFETY

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HEALTH & SAFETY IN THE WORKPLACE

- **Overview**
- **Health & Safety Myths**
- **HASWA 1974**
- **Risk Assessment**
- **Types Of Accidents**
- **Reversing**
- **Coupling & Uncoupling Procedures**
- **Tail Lifts**

DRIVERS' HEALTH

- **Drink**
- **Guidelines**
- **Mental Health**
- **Sleep Apnoea**
- **Hearing**
- **Smoking**
- **Drugs**